



聖公會李福慶中學

SKH Li Fook Hing Secondary School



擁抱理想
Faith We Believe
超越自我
Dreams We Achieve

2016
學校簡介
School Brochure

擁抱理想 超越自我

校長序言：

聖公會李福慶中學秉承聖公宗的教育理念，本著基督捨己服務的精神，提供全人教育，使學生在德、智、體、群、美和靈育方面得到均衡的發展，並鼓勵學生積極進取，成為社會棟樑及優秀人才。奮鬥二十載而取得佳績，實有賴一群關愛學生且熱心教學的教師、一群熱心參與和支持學校工作的家長，以及我們具有鮮明的辦學理念。我們深信這些信念和願景會帶領聖公會李福慶中學繼續成長。

2016-17年度的學校發展主題是「擁抱理想、超越自我！」(Faith We Believe, Dreams We Achieve)，為配合學生的學習需要及支援學生的成長，我們在本學年聚焦於發展兩個關注事項。第一是加強課堂互動，增加學生在課堂的參與，以提升學生的分析能力；第二是提升學生的自信心和責任感。在第一個關注事項方面，教師掌握以互動促進教學的技巧，加強學生的課堂參與。透過強化的課堂組織（如提問、互動、實施），讓學生更能投入參與課堂；再透過課堂、課業、測考及教師的觀課交流，讓學生的分析能力得以提升。在第二個關注事項方面，透過班級經營（如班主任課）、訓輔支援及其他學習經歷等，讓學生提升自我認同感，並藉着獎勵計劃、學會或學社職務、義工或領袖培訓等，培養學生的服務精神及領導才能。我們更會透過有規劃的升學及就業導向、生涯規劃計劃等，協助學生認識自我，從而建立人生目標。

除了透過兩個關注事項鞏固學生所學和照顧學生成長外，我們更引入外界資源，讓本校更緊貼教學趨勢。本年，我們透過與教育局合作，參與「校本及支援服務——通識教育科」，達致在個人、社會及人文教育範疇及在課程規劃方面，能運用多樣的學與教策略及持續評估等不同課題上的協作，加強學校的課程領導及提升各學習領域的教學效能。教育局更委任本校教務主任擔任課程發展委員會委員及參與教科書評審工作，達至相互合作、教師專業交流及促進香港中學課程發展的果效。

為配合自主學習、電子學習及STEM的發展，我們已加強學校無線網絡基礎建設，以符合教育局的「第四個資訊科技教育策略」。中一至中三級的互動學習探索課題中，我們讓學生運用平板電腦；未來兩年，在中一至中五級的通識教育科、綜合科學科及視覺藝術科，我們將資訊科技融入學科，加強學生自主學習的能力及促進課堂的學與教互動。

我們的學生在2016年度香港中學文憑考試中成績理想，中文、英文、數學、通識、世界歷史、生物、化學、經濟等科目均有學生獲5至5**成績，部分學生已獲香港大學、香港中文大學、香港科技大學等取錄入讀學位課程，而大部分學生亦被其他大專院校取錄，或赴外地升學。祝願各位本屆的中六學生，繼續全力以赴，以積極進取的精神爭取佳績。

此外，本校獲得「國際啟發潛能教育聯盟（香港）啟發潛能教育學校成就大獎」、「SRB 8 Checkpoint挑戰賽」冠軍、「東區學校演講比賽」初級組冠軍、「我的香港夢繪畫比賽」高甲組冠軍、「聯校排球新秀邀請賽」冠軍、「港島及九龍區校際田徑比賽」男子甲組團體總冠軍、「愛鄰舍We Concern Others文件夾設計比賽」冠軍、「國際啟發潛能聯盟（香港）」(IAIE) 傑出教師、東區學校模範生獎、「2016亞洲國際數學奧林匹克公開賽(AIMO Open) 香港賽區初賽」金獎、「社會福利署」義工嘉許狀金獎等。學生近年在學術、領袖訓練、義工服務、環境保育、體育及藝術等方面的學習成果獲得肯定，令我們十分鼓舞，我們師生定當繼續努力！

我們聖公會李福慶中學服務東區已踏入第二十一個學年。為加強對外連繫，我們本年度將舉行一連串的聯校活動，包括：多項中小學聯校比賽、開放日、名人傳語講座、親子旅行、教學示範課及專業交流工作坊等。蒙恩有天父的帶領，除了感謝各界人士對本校的支持，感恩有各位家長的信任和同行，更希望大家一同踴躍參與各項活動，一起分享我們師生的教學與學習成果，讓我們的學生、我們的孩子能擁抱理想、超越自我！

張翠儀校長

二零一六年九月

Principal's Message:

Faith We Believe, Dreams We Achieve!

Committed to the Anglican mission and whole-person education, SKH Li Fook Hing Secondary School endeavors to provide a quality education with balanced emphases on moral, intellectual, physical, social, aesthetic and spiritual aspects for students. With our persistent guidance and encouragement, we believe that our students can become pillars of the society. The school's achievements over the last twenty years depend on our caring and enthusiastic teachers, supportive parents and our well-defined educational mission. We are confident that our belief and mission can lead LFH to further blossom.

With 'Faith We Believe, Dreams We Achieve' as our annual theme, we stress on learning and growth support for our students. To achieve these, the two major concerns that we continue to work on are featured below:

1) To enhance lesson interaction and participation so as to enhance students' analytical ability. Using interactive teaching skills, careful lesson planning (questions, interaction, implementation), students are expected to participate in the lesson actively. In addition, the analytical ability of students can be pushed by means of homework, assessments and lesson observations. 2) To boost students' self-confidence and sense of responsibility through class management (e.g. form teacher period), counseling and disciplinary support, and other learning experiences. We also strengthen students' spirit to serve and leadership qualities through award scheme, school clubs, voluntary services, and leadership training. Our life planning and career guidance can further help young learners to understand better themselves and set life goals.

We also collaborate with external partners so as to consolidate student learning, better cater for our students' growth as well as keep abreast of the education trends. We work with the School-based Curriculum Development Team of the Education Bureau (EDB) in the development of Liberal Studies. Under this scheme, our leadership in curriculum design and teaching effectiveness are strengthened by research on curriculum planning, teaching strategies, and continuous assessments. As our Academic Chairperson has been appointed by the EDB to be the member of its Curriculum Development Committee helping with textbook evaluation, we believe it can further promote collaboration, professional exchange and curriculum development of Hong Kong Secondary Education.

To facilitate self-directed learning, e-learning, the development of STEM, and to fulfil the EDB's 'Fourth Strategy on IT in Education', we have intensified the construction of a wireless system on campus. Tablets are employed in S1-3 lessons relating to interactive, exploring topics. In a year or two ahead, IT learning will be integrated into subjects of Liberal Studies, Integrated Science, and Visual Arts so as to reinforce learning autonomy and lesson interaction.

Our students' achievements in 2016 DSE were encouraging. We have students obtaining level 5 to 5** in Chinese, English, Mathematics, Liberal Studies, History, Biology, Chemistry, Economics, etc. Whereas some students have been admitted to the undergraduate courses in the University of Hong Kong, the Chinese University of Hong Kong, and the Hong Kong University of Science and Technology, most of the students further their study in high diploma courses of local tertiary institutions or overseas universities. We look forward to seeing our current batch of S6 students striving to do their best in the coming public examination.

Apart from our brilliant DSE results, we received many awards in different areas. We were awarded the 'Paula Helen Stanley Fidelity Award', 'SRB 8 Checkpoint Challenge Champion', 'Eastern District Schools Speech Contest (Junior Form) Champion', 'My Hong Kong Dream 2016 Drawing Competition (Senior Form) Champion', 'Joint-school Volleyball Competition Grade C Boys Champion', 'Inter-School Athletics Competition (Hong Kong) Division Three Grade A Boys Overall Champion', 'We Concern Others Folder Cover Design Competition Champion', 'IAIE Outstanding Teaching Award', 'AIMO Open (HK) Preliminary Contest Gold Medal', 'Eastern District Schools Elite Student Award', 'Hong Kong Volunteer Gold Award' presented by the Social Welfare Department, etc. Our remarkable and extraordinary achievements in academic, leadership training, voluntary services, environmental conservation, sports and arts in recent years prove that our students are talented and intelligent in different aspects. All LFH teachers and students will continue to do our best to keep shining.

SKH Li Fook Hing Secondary School has been serving the community for twenty-one years. To deepen our connection with the neighborhood, a series of activities including joint-school competition, open day, celebrity talk, parent-child picnic, open lesson, and professional sharing workshop will be launched. We are thankful for God's blessing, the support from the community and parents, and we sincerely invite you all to join us and share the fruitful outcomes of teaching and learning with us. May our students and children hold on to their dreams and step forward to achieve them.

CHEUNG Chui-yee

Principal

September 2016



潛力啟發 成就無限可能



「啟發潛能教育」(IE) 已成為本校文化的一部分。本校獲「國際啟發潛能教育聯盟」(IAIE) 頒發「2015啟發潛能教育學校成就大獎」(Silver Fidelity Award)。本校已三度獲得此獎項，關愛文化再次備受各界肯定。

本校更榮獲IAIE邀請，在今年三月四日舉辦「IE學校探訪活動」，向嘉賓分享推行啟發潛能教育的成功經驗。是次活動包括欣賞二十周年音樂劇《美女與野獸》、由李福慶大使帶領遊覽校園、師生匯報本校啟發潛能教育的發展等。各嘉賓對本校的啟發潛能教育表現均深表讚賞。

在校內項目方面，本校積極推動班級經營。各班班主任與學生共同訂立班目標、班規及口號，從而提高學生的歸屬感。另外，本校舉辦「元宵佳節感恩頌」活動，學生能透過填寫心意卡及製作中式糕點，為老師送上心意。而「畢業禮讚」更為本校應屆中學文憑試考生送上祝福。為鼓勵學生關心社會，發揮所長，啟發潛能教育組亦與社會服務組及香港聖公會主理堂長者鄰舍中心合辦「長者學苑」課程，包括「手鐘條課程」及「平板電腦課程」。透過活動，讓學生將愛心延展至社區。

未來，本校定當繼續發揚「啟發潛能教育」的理念，為學生提供優良的學習環境，讓他們發揮潛能。



與嘉賓分享本校啟發潛能教育成功心得

與美國啟發潛能教育專家合照



Invitational Education Creates Infinite Possibilities for Students

Invitational Education (IE) has become part of our school culture. Our school was awarded 'Paula Helen Stanley Fidelity Award 2015' for the third year, a recognition of our effort and performance in creating a loving and caring school.

In order to promote the successful experience of implementing IE, our school was invited by IAIE to organize an 'IE School Visit Activity', which included appreciation of the 20th School Anniversary Musical Performance 'Beauty and the Beast', a school tour led by school ambassadors and a sharing on the school development of IE from teachers and students. Our school's performance in implementing IE was highly commended by all guests.

To promote the spirit of IE, our school actively promotes class management. In order to enhance students' sense of belonging, every class decides on their class objectives, rules and slogan collaboratively with their class teacher. In the 'Thankful Lantern Festival' activity, students expressed their gratitude to teachers by writing thank you cards and making traditional Chinese desserts. In the 'Thankful Graduation' activity, the S6 candidates sitting for the HKDSE were given blessings. To encourage students to show concern to the society and realize their potentials, the IE Group, Social Services Group and the Hong Kong Sheng Kung Hui Holy Nativity Church Neighborhood Elderly Centre co-organized the 'SKH Eastern District Elderly College' to run hand chimes classes and tablet computer classes for the elderly.

In the future, our school is dedicated to extend the vision of 'IE' to provide a quality learning environment for our students so as to realize their potentials.



製作感恩麵包環答謝師恩

優質課程 發展高階思維

本校銳意提升學生的分析能力。各學科推動互動教學、強化課堂組織，增加學生的課堂參與。教師善用提問技巧，引導學生分析和討論課題，透過設計分析型課業、在各科評估增設高階思維題目，提升學生的分析能力。

為進一步緊貼教育發展趨勢，本校與教育局、香港中文大學、香港教育大學及友校合作，進行策略研究，就互動教學、電子教學等作專業交流。在校內，本校已建立共同備課、同儕觀課、公開課及評課文化，持續優化學與教。

在學習支援方面，本校因應不同學生的需要，提供適切的輔導。初中設有「英文能力提升班」、「數學輔導班」、「學習技巧訓練班」，協助學生鞏固所學及提升能力。本校亦為高中學生安排課後「奮進班」、「尖子計劃」、「應試技巧工作坊」等，並推薦學生參加不同教育機構舉辦的模擬考試，為應考公開試作最佳的準備。為推動互動教學，本校更增設「語文資源中心」、「分組活動室」及「聚賢閣」學習室，讓學生能在舒適的環境學習。

在延展學習方面，本校舉辦了多個學術週，包括「英文週」、「數理週」、「通識週」及「福音週」等。各科悉心安排不同形式的活動，如參觀、比賽、辯論、遊戲和專題講座等，豐富學生的學習經歷。

本校亦致力推動跨科聯課活動，讓學生把不同學科的知識應用於日常生活，例如歷史科及中國歷史科，與中國語文科、地理科、視覺藝術科合辦「香港懷舊」跨科專題報告，能有效結合跨科知識，同時讓學生發揮創意及自主學習的能力。



英文能力提升班

趣味英文週

文憑試學生誓師儀式

Quality Curriculum Develops High-order Thinking

We are dedicated in enhancing students' analytical ability. Each subject is putting effort in *promoting interactive teaching, strengthening lesson organization and increasing students' participation in lessons*. Effective questioning skills are adopted to guide students to analyze and discuss issues. Students' analytical ability can further be enhanced through designing analytical tasks and high-order thinking assessment items.

Taking into account the recent development trends, our school collaborates with the Education Bureau, The Chinese University of Hong Kong, The Hong Kong Education University and other schools to conduct strategic research and professional exchange on interactive teaching and e-learning. Our school has already established a culture of collaborative lesson planning, peer lesson observation, open class and lesson assessment for enhancing teaching and learning quality.

Regarding supports for learning, our school provides appropriate counseling to cater for students' different needs. At the junior secondary level, 'English Enhancement Class', 'Mathematics Remedial Class', 'Study Skills Training Course' are organized to consolidate students' learning and raise their standard. At the senior secondary level, 'Endeavour Class', 'Cream Project' and 'Workshop on Examination Skills' are run for students after school. To better prepare them for achieving the best results in public examinations, we also enroll students to sit for public mock examinations organized by different educational institutions. To provide a comfortable learning environment and promote interactive learning, we newly set up the Language Resources Centre, discussion room and study room for students.

We equally value extended learning through different academic weeks including 'English Week', 'Mathematics and Science Week', 'Liberal Studies Week' and 'Gospel Week'. A variety of activities, for instance, visits, competitions, debates, games and talks on specific themes are arranged by different subjects to enrich students' learning experiences.

Cross-curricular activities are highly recommended in our school to help students apply knowledge of different subjects in their daily life. For example, the project 'Explore the Old Hong Kong' was jointly launched by History, Chinese History, Chinese Language, Geography and Visual Arts to integrate cross-curricular knowledge and enable students to exercise their creativity and self-directed learning abilities.



小組研習



跨科辯論比賽



本校文憑試尖子

專業交流 (日本站)

資優教育 栽培尖子菁英

本校資優教育組致力為學生提供適切的培訓及更廣闊的發展空間，讓他們的潛能盡現。

過去數年，本校共有六十七位學生，憑著在數學、科學、人文學科及領袖才能方面的出色表現，獲香港資優教育學苑取錄為學員，接受專業培訓。本校亦安排學生參加不同類型的講座及課程，例如出席朱經武教授主講的「拔萃名家講壇」、與Inner City Ministries合作，為在港的尼泊爾兒童舉辦英語活動。校內方面，教師每月為學生安排不同主題的講座，令學生在語文、數學、科學、藝術、服務及個人成長等範疇都能獲裨益。

為發展學生的創意及批判思維，本校為資優學生舉辦「創意思維能力提升課程」、「批判性思維能力提升課程」及「筆記撰寫技巧課程」。不同潛質的學生更會被安排參與各類型的資優培訓比賽。在今年的「第十三屆資優解難大賽」，以及由教育局資優教育組主辦的「香港傑出學生詩人（英詩）獎」中，本校學生分別奪得個人賽銅獎及「學校傑出英詩人獎」。本校學生在「2016亞洲國際數學奧林匹克公開賽（AIMO Open）香港賽區比賽」亦表現理想，共十四位學生於初賽中獲取金、銀、銅等個人獎項，九位學生更獲得晉級賽的銀、銅獎項。在「新加坡數學競賽初賽2016（香港賽區）」中，本校學生亦獲得個人銅獎。此外，本校還參加了由教育局舉辦的「香港數學創意解難比賽」、「國際初中科學奧林匹克香港選拔賽」、「中國語文菁英計劃」、「香港數碼媒體創作青苗獎」及「香港科學青苗獎」，學生均表現出色。

資優教育組將繼續致力透過不同類型的學習經歷，讓學生發光發亮。



教導尼泊爾兒童英語

Gifted Education Nurtures Young Talents

The Gifted Education Group is devoted to providing appropriate *training and creating the space for students to develop and display their potentials.*

In the past few years, 67 students exceling in Mathematics, Science, Humanities and Leadership were admitted by the The Hong Kong Academy for Gifted Education as members and received professional training. Our students have also participated in a wide range of talks and courses arranged by the school, for example, attending the 'Diocesan Boys' School Lecture Series 2015' talk given by Prof Paul Chu and organizing English activities for Nepalese children in Hong Kong in collaboration with Inner City Ministries. Talks with different themes are arranged in the school every month to benefit students in terms of language, mathematics, science, arts, social services and personal growth.

Our school organizes courses on 'Enhancing creative thinking skills', 'Enhancing critical thinking skills' and 'Skills on note-taking' to develop students' creativity and critical thinking. Students possessing different talents are arranged to enter competitions of different types for nurturing their giftedness. Last year, our students were awarded the bronze medal in the '13th Talent Problem Solving Competition'. They also gained the 'Outstanding Budding Poet (English) Award' in the 'Hong Kong Budding Poets (English) Award' organized by the Gifted Education Section of the Education Bureau. In the '2016 Asia International Mathematical Olympiad Competition (Open)', 14 students were awarded gold, silver and bronze medals and 9 students were awarded silver and bronze medals in the second round. Apart from these, one of our students also achieved the bronze award in the preliminary round of the 'Singapore and Asian Schools Math Olympiads, SASMO 2016 Trial (Hong Kong Region)'. In addition, our students performed excellently in the 'Hong Kong Mathematics Creative Problem Solving Competition', 'International Junior Science Olympiad (Hong Kong Screening)', 'The Elite Student Project in Chinese Language', 'The Hong Kong Budding Innovators Award (Digital Media)' and 'Hong Kong Budding Scientists Award'.

The Gifted Education Group will continue to empower our students through exposing them to a wide variety of learning experiences.



本校資優學生

數碼教育 緊貼時代脈搏

本校延續多年來推動資訊科技教育的優勢，緊貼科技的步伐，培養新生代學習的興趣。

無線網絡將覆蓋本校所有課室，便利學生上課時使用互聯網資源。本校亦添置平板電腦裝置，以支援及配合電子學習的教學模式。

本校致力發展更有效的電子互動教材，**讓學生自主學習，措施包括與多所友校進行經驗分享及交流、電子學習小組在不同學科進行試驗計劃**，以及運用不同的工具及平台，例如：Google Classroom、Kahoot、Plickers及Padlet等，成效顯著。

推動「科學、科技、工程及數學教育」(STEM - Science, Technology, Engineering and Mathematics)是配合全球的教育趨勢。本校近年全力推動STEM教育，培養學生的創新精神。學生能透過SketchUp及3D打印技術製作作品，以及控制機械臂mDrawBot繪畫，表現學生在科技及創意教育的成果。本校亦透過課餘學習活動，利用Audrino這個電子開發平台做教材，讓學生可從中學到數學、科學、科技及工程等知識，並親手開發及設計多元化的機械模型作品。

近年世界各地興起學習編寫程式的熱潮，本校的初中電腦科早已引入由MIT媒體實驗室推出的「Scratch程式語言」課程，今年更在中三課程加入應用程式開發工具App Inventor於程式編寫課題內，培養學生的創造力及邏輯思維能力。

面向未來的教育轉變，資訊科技是作為「二十一世紀教室」的關鍵工具。本校會為學生提供最好的裝備，以迎接這個知識型社會。



推動電子學習分享會

Digital Education Keeps Abreast with the Contemporary World

Building on the solid foundation of information technology that we developed in the previous years, we keep nurturing the new generation with the latest technology.

All classrooms will have access to the wifi network to facilitate students' use of internet resources in the lessons. More tablet computers will be purchased to support e-learning, which is seen as a new mode of learning and teaching.

In order to encourage our students to *conduct self-directed learning, we are devoted to developing effective and interactive e-learning resources*. In addition, we conduct experience sharing and professional exchanges with other schools, and our 'E-learning Task Group' implements pilot schemes in different subjects. We have achieved positive learning results through making use of different tools and e-platforms such as Google Classroom, Kahoot, Plickers and Padlet, etc.

Promoting *STEM education (STEM - Science, Technology, Engineering and Mathematics)* aligns with the global education trends. We have been actively promoting STEM education in recent years to nurture students' innovativeness. Our students can print 3D products using SketchUp and draw using control robot arms mDrawBot. Our students' products display excellence and creativity in the use of technology. Through Audrino, an e-learning platform, students can also learn Mathematics, Science, Technology and Engineering through extra-curricular activities as well as develop and design diversified products of mechanical models.

Programming has been gaining popularity all over the world. 'Scratch Programming Language' developed by MIT Media Lab has been introduced at an early stage in the Computer subject of our junior secondary curriculum. 'App Inventor', a tool for developing applications, has been introduced in the programming module in S3 to cultivate students' creativity and critical thinking skills.

Being a key learning tool in the 21st century classrooms, information technology can effectively embrace the changes in education in the future. We are providing our students with the best preparation for challenges in this knowledge-based society.



利用平板電腦進行數學課堂



資訊科技融入物理課堂

綠色教育 為環保添動力

本校再度被環境運動委員會認證為「香港綠色機構」，並獲得可持續發展委員會頒發「可持續發展社區項目獎」，表揚本校在環保方面所作出的貢獻。

綠色教育組持續優化本校的環保工作，與玻璃再生璀璨及香港仔浸信會呂明才書院合辦「玻璃蜜語」計劃，並得到環境運動委員會及環境及自然保育基金贊助，在港島東區及南區推廣玻璃回收。本校環保學會的幹事及大使，於二零一六年三月至五月期間，先後到訪七間小學，分享玻璃回收概念及舉辦「玻璃再生工作坊」。環保大使更製作多件賀年環保玻璃精品，於歲晚「玻璃手作送溫暖」活動中送給長者作賀年禮物，並宣揚「玻璃有用、回收再用」的訊息。此外，為更有效推廣玻璃回收概念，本校環保學會幹事構思相關故事並拍攝成短片，在網絡平台播放，讓更多人了解玻璃回收的重要性。

校內活動方面，「學校廢物分類及回收計劃」、「綠色為公益慈善益裁售賣」、「一人一花計劃」、「班際有機蔬果種植比賽」、「花苗定植工作坊」、「有機農夫實戰計劃」及環保署的「環保回收箱計劃」等活動，均深受學生支持。

推動「玻璃蜜語」環保活動

本校綠色工作坊廣受歡迎

Green Education Powers Up Environmental Protection

We are again recognized as 'Hong Kong Green Organization' and awarded the 'Sustainable Development School Award' by the Council on Sustainable Development.

The Green Education Group continues the work related to environmental protection. Last year, we co-organized the 'Green Glass Journey' with Green Glass Green and Aberdeen Baptist Lui Ming Choi College. We also received sponsorship from Environmental Campaign Committee and Environment and Conservation Fund to promote the recycling of glasses in the Eastern and South Districts of Hong Kong Island. The committee members of the school's Environmental Protection Club visited seven primary schools, shared the concept of glass recycling and organized 'Workshop on Re-vitalising Glasses' from March to May in 2016. The Environmental Protection ambassadors produced environmentally-friendly glass decorations as Chinese New Year gifts for the elderly in the 'Heart-warming Glass Crafts' activity to advocate the message of 'glass recycling and re-using.' To promote the concept more effectively, the committee members produced a short film and uploaded it to the network platform. It is hoped that more people would understand the importance of recycling glass.

Apart from the off campus activities, our in-house 'Waste Separation and Recycling Programme', 'The Community Chest Green Day', 'One Person, One Flower Scheme', 'Inter-class Organically Grown Fruits Competition', 'Flower Seedling Growing Workshop', 'Organic Farming Scheme', and 'Recycling Scheme' organized by the Environmental Protection Department are always very popular among students.

獲邀於小學開放日舉辦綠色工作坊

綠色工作坊大使

玻璃循環再造

放眼海外 增潤人生經歷

本校每年都舉辦海外交流團，讓學生到世界各國認識不同文化、學習英語，以及為到海外升學就業作規劃。今年，本校特設「學術成績優異資助計劃」，以鼓勵學生在學業上奮發努力，爭取到海外學習的機會。

本校升學及就業輔導組於今年六月二十六日至六月三十日舉辦「生涯規劃台灣升學五天考察團」。二十二位學生親身體驗該地的文化、大學設施及了解升學情況。本校學生參觀了中原大學、東吳大學、淡江大學，以及當地工業設施，從而了解當地工作環境。行程更安排學生體驗台北居民生活，並進行體驗成果檢討活動。整個行程內容豐富，學生從中增進不少見識，也掌握了最新的台灣升學資訊。

中國歷史科老師亦於七月十八日至二十二日帶同十多名學生參加由國民教育學會舉辦的「武漢 — 辛亥革命105周年及一帶一路雙向交流團」。行程中，學生除了參觀湖北省博物館、武漢博物館、武漢鋼鐵廠、黃鶴樓、東湖、長江灘頭等景點，更與武漢大學的師生交流「一帶一路」對香港的危機與機遇的看法。

此外，本校二十二位學生於七月二日至十二日到澳洲開恩茲參加交流團。學生上午於Sun Pacific College學習英文，下午參觀當地不同景點及自然生態環境，包括James Cook University、Cairns City、Mossman Gorge、Botanic Garden、Mango Farm及Hartleys Park等。晚上於寄宿家庭留宿，了解當地家庭生活文化，並增加與當地人的溝通機會。其中到大堡礁綠島遊覽最令學生們留下深刻印象。到訪這個生態資源豐富的國家公園後，學生們對環境保護都有更深體會，明白人和自然界的相互關係。

本校深信為學生舉辦海外交流活動，能擴闊他們的視野，滋潤他們的人生歷程。

Overseas Exchange Tours Make Life Colorful

We bring students overseas annually to let them experience different cultures, learn English, and pave the way for future study and career. Our 'Outstanding Academic Performance Subsidy Scheme', which was set up this year, financially supports and encourages students to seize opportunities for learning overseas through devoting hard work on academic studies.

From 26th to 30th June, 2016, our Careers Committee escorted 22 students to a 5-day Taiwan tour. Students visited Chung Yuan Christian University, Soochow University, Tamkang University, and local industries. They were also arranged to experience the daily life of Taipei residents and conduct reflection sessions. During the trip, participating students were able to gain an overall picture about studying in Taiwan.

Our Chinese History teachers led more than 10 students to go on the 'Wuhan 1911 Revolution 105th Anniversary cum the Belt and Road Exchange Tour' organized by the National Education Association from 18th to 22nd July. Apart from site visits to famous tourist spots, students exchanged their views with the counterparts at the Wuhan University on the 'Belt and Road' and its effects on Hong Kong.

In addition to the above overseas tours, 22 students went to Cairns, Australia for a study tour from 2nd to 12th July. They attended morning English classes at Sun Pacific College. In the afternoon, they visited different tourist spots and natural environment, for instance, James Cook University Cairns City, Mossman Gorge, Botanic Garden, Mango Farm, and Hartleys Park. Homestay with local host families allowed our students to appreciate the culture and enhance the communication with local people. The visit to Green Island of the Great Barrier Reef also enabled our young learners to realize how humans are connected to the nature and the importance of protecting the environment.

As we always believe, overseas tours can significantly widen the horizons and enrich the life perspective of our students. We shall therefore continue to arrange exchange tours for our students.



「一帶一路」交流團

與開恩茲居民茶聚



參觀中國武鋼博物館



台灣升學交流團

多元活動 增添生命姿采

本校為學生提供多元化的活動機會，積極鼓勵他們參與藝術、音樂、體育、領袖訓練及社會服務五個範疇的「其他學習經歷」。

在藝術發展方面，本校學生在公民教育基金會舉辦的「我的香港夢繪畫比賽」中，囊括中學組冠軍、亞軍及多項優異獎。在香港遊樂場協會主辦的「愛鄰舍We Concern Others社區友愛文件夾封面設計比賽」中，本校學生榮獲高中組冠軍，作品被製成精美文件夾在全港學校派發，以推廣尊重與包容、和諧社會的訊息。

本校學生亦參與「看得見的希望」視藝及籌款活動，為國際非牟利組織「奧比斯」籌款。學生以「眼睛」為題的藝術作品於十一月在維多利亞公園公開展覽，喚起公眾對視障人士的關注。此外，本校參加港島東區聯校視覺藝術學會的「藝聚」，於九月十四日至十七日在香港大會堂舉辦「聯校藝術展」，讓學生獲得籌劃活動的經驗。本校亦參加教育局主辦的「高中學生藝術學習之旅」，中四級學生可以免費觀賞自選喜愛的劇目，培養審美能力。

在音樂範疇方面，除了中一至中四的課程外，本校樂器班、合唱團及手鐘條隊等，均能讓學生在課餘接受正規的音樂訓練。透過音樂學會舉辦的活動，如歌唱比賽、午間電影欣賞、午間音樂會及「舊曲新詞創作演繹比賽」等，讓學生能從不同渠道發展音樂才能。

本校手鐘條隊積極參與校內、外演出。除了校內開放日外，在二零一五年九月，隊員參與了「十一良心消費市集」活動演出。在本年三月，於康文署主辦的「音樂・動力」學校聯演中，手鐘條隊更勇奪「主題演繹大獎」。隊員的自信大大提升，亦培養了合作精神及歸屬感。

本校亦廣泛地推廣體育活動，鍛煉學生體魄，增強他們的自信心及毅力。本校設有田徑隊、籃球隊、排球隊、沙灘排球隊、足球隊及乒乓球隊。為了表揚及鼓勵在運動上有傑出表現的學生，本校學生參加了「屈臣氏集團香港學生運動員獎2015 - 2016」並獲得殊榮，為校增光。

此外，本校田徑隊亦在「港島區第三組學界田徑賽」獲男甲團體總冠軍。在排球方面，男丙排球隊獲「聯校排球新秀賽」冠軍；女丙排球隊獲「聯校排球新秀賽」季軍等。

本校致力培訓領袖生，期望透過訓練營及日常的當值服務，提升他們的自信、管理技巧和領導才能。訓導組推薦領袖生參加由香港青年協會主辦的「總領袖生訓練證書課程」，當中表現出眾的領袖生更獲得「明日領袖獎」。

本校為進一步提升學生的自信心與責任感，乃鼓勵他們積極參加義工服務。本校歷年獲社會福利署頒發「義工嘉許狀」的學生不計其數，表揚他們優秀的服務表現。

在本學年，本校學生參與的義工活動計有「社創校園通識」之「十一良心消費市集」、「捐血日」、為長者安居協會籌款的「親子師生慈善跑」、「公益金便服日」、「中四級饑饉音樂會」、「聖公會東區長者學苑」、「賣旗日」、「傷健共融逛花市」、「聖約翰座堂步行籌款」、「幼兒探訪」等。本校亦推動學生參加一系列的義工領袖培訓活動，藉此提升學生的領袖才能，並以行動發揮助人精神。

廣泛而多元化的活動能讓學生了解自己的潛質與興趣，更能擴闊視野，增潤學習經歷。

Dimensional Activities Enrich Life Perspective

We provide students with and encourage them to take part in a wide variety of activities in *arts, music, sports, leadership training and social services*.

In the area of arts, our students obtained the first prize, the second prize and several merit prizes in 'My Hong Kong Dream 2016 Drawing Competition' organized by Hong Kong Civic Education Foundation Ltd. In another art-related event entitled 'We Concern Others Folder Cover Design Competition' organized by Hong Kong Playground Association, our student was proudly honored as the winner of the senior secondary division. The winning design was adopted in the production of folders which were widely distributed to all schools in Hong Kong.

In a fundraising activity for ORBIS International 'Seeing is Believing', based on the theme 'eyes', our students created a number of art pieces which were exhibited in Victoria Park in November 2015. From 14th to 17th September, 2015 at the City Hall, we engaged in planning a joint-school arts fair run by Art Focus. In addition, our students' aesthetic development was enhanced through joining 'A Journey on Learning the Arts for Senior Secondary Students' scheme supported by the Education Bureau. In this programme, S4 students were offered to attend a drama show for free.

Our students' absorption in the domain of music is equally deep. Apart from the regular music curriculum for S1-S4 students, our musical instrument classes, choir, and hand chimes band enable students to receive music training in their free time. The various music activities, for example, singing contest, movie appreciation and lunchtime concert, new lyrics writing for old tunes organized by the Music Society serve as a platform for students to develop their music talents.

Our hand chimes band is heavily involved in performances on and off campus. Besides our Open Day performance, the band took part in an activity called 'Tithe Ethical Consumption' in September 2015. In March 2016, our hand chimes band was granted the 'Theme Presentation Award' in the 'Power up Music Joint-school Concert' held by the Leisure and Cultural Services Department. Through public performances, the confidence and team spirit of our students were greatly boosted.

A number of sports teams, for example, track and field, basketball, volleyball, beach volleyball, football and table tennis are created for students. In 2015-16, our students have made remarkable achievements in this field. The awards obtained include 'A.S. Watson Group Hong Kong Student Sports Awards', 'Inter-School Athletics Competition (Hong Kong) Division Three Grade A Boys Overall Champion', 'Joint-school Volleyball Competition Grade C Boys Champion and Grade C Girls Second-runner up', etc. We believe that through active involvement in sports, our students' physical health, confidence and stamina can be strengthened.

To enhance our young leaders' confidence, management skills, and leadership qualities, we provide them with routine training. We also enroll our school prefects into the 'Leadership Training Certificate Course for Head Prefects' organized by the Hong Kong Federation of Youth Groups. Our outstanding prefects were also granted the 'Future Leaders Award'.

Our students have keenly taken part in different voluntary services over the past academic year. The voluntary services include 'Tithe Ethical Consumption' supported by School FSES scheme, blood donation day, fundraising activity 'Charity Run', 'Dress Casual Day', 'S4 Famine Concert', 'SKH Eastern District Elderly College', 'Flag Selling Day', an inclusion programme on 'Let's Go to the Flower Market Together', 'St. John Cathedral Charity Walk', and visits to elderly homes, etc. We also nominate our students to attend a series of voluntary leadership training activities so as to raise their spirit to serve and leadership qualities.

Through a diverse variety of activities, our young learners can fully realize their potentials, broaden their views and enrich their learning experiences.

職業體驗

本校田徑健將

模擬企業活動

教導長者使用平板電腦

「十一良心消費」義工活動

領袖生訓練

視藝展覽

青葱路上 全面成長關顧



中一適應課程 (家政科體驗)

為了讓學生投入校園生活，**裝備自己以面對不同挑戰**，本校為學生特設多元化的支援項目。

專為中一新生而設的「**中一適應課程**」、「**中一迎新營**」及「**健康教育營**」讓新生能盡早適應中學生活，以及建立健康生活常規。

中二級除舉辦「**性教育日營**」外，亦邀得護苗基金代表到校舉辦工作坊，增強學生的性知識，並建立正確的性觀念。

本校亦為中三學生舉辦「**高中課程選科簡介會**」、「**選科策略講座**」及「**模擬選科活動**」，協助學生選擇適合的高中科目。

本校為學生編排各類型的生涯規劃活動和講座，協助學生探索自己的興趣及長處，培養規劃及決策能力。各級的生涯規劃主題為：自我認識 (中一)、發掘夢想 (中二)、選科抉擇 (中三)、思考未來發展及職業取向 (中四)、尋找人生升學及就業目標 (中五)、升學及求職裝備 (中六)。

「**大學聯招準備活動**」、「**台灣升學講座**」、「**內地升學講座**」、「**VTC課程簡介講座**」、「**東華學院課程簡介講座**」及「**模擬放榜活動**」讓中五及中六學生掌握本地及海外大專院校的收生要求，從而制訂學習計劃。

本校亦為新來港學童安排適切的學習及支援項目，協助他們融入本地生活，內容包括「**英語水平提升班**」、「**廣東話及繁體字學習班**」、「**學習技巧及人際關係技巧訓練**」、「**校園生活支援**」等。

以上各項支援活動均能協助學生在成長路上裝備自己，增加他們自信心，為未來鋪路，開創更美好的人生。



暑期學堂—打好學科根基



中一適應課程 (視藝科體驗)

All-round Measures Support the Growth of Young Lives

We are dedicated to help the youth *to engage actively in school life and prepare them for various challenges through a wide range of measures.*

To help S1 students to adapt to a new learning environment and build up healthy life routine, we organize the *'Adaptation Course', 'Orientation Camp', and 'Health Education Camp'.*

Apart from the *'Sex Education Camp'*, the in-house workshops that are run by the End Child Sexual Abuse Foundation can also help S2 students to acquire positive and correct attitudes and values towards sex.

'Briefing Session on Elective Subjects Selection at the Senior Secondary', 'Seminar on Strategies for Subject Selection', and 'Mock Selection of Elective Subjects' are conducted to help S3 students to make prudent decisions for their future study.

The concept of life planning is integrated into a range of activities that help our students to delve into their interests and strengths, and to develop their ability to plan and make decisions. There are different themes of activities for each form: Self understanding (S1), Cultivating Dreams (S2), Elective Subjects Selection (S3), Future Planning and Career Mapping (S4), Life and Career Aspiration (S5), Further Studies and Job Seeking Skills (S6).

To enhance our S5 and S6 students' understanding of the admission requirements of local and overseas universities, and help them make appropriate study plan, *'Preparation for JUPAS Application', talks on further studies in different countries, 'VTC Briefing Session', 'Tung Wah College Briefing Session', and 'Mock Release of Public Examination Results'* are held every year.

For newly-arrived children, we provide appropriate and comprehensive education and support services to help them integrate into the local learning environment. The services cover different aspects as *English enhancement, Cantonese and Complex form of Chinese character class, learning skills and social interaction skills, and school life integration.*

We expect that our growth support measures can help youngsters to equip themselves so that they can have more confidence to plan a better future.



中一適應課程 (團隊精神訓練)



班會活動

校慶活動 豐盛成果回顧

馬賽克壁畫創作作品

為慶祝創校二十周年，本校舉行了一連串慶祝活動，以「福慶樹人二十載 承傳主愛創未來」為口號，展現多年辦學成果及亮點，讓各界人士更認識本校。全年慶祝活動涵蓋不同範疇，而大型慶祝活動則有「小學聯校排球邀請賽」、「學校開放日」、「福慶滿堂盆菜宴」，以及「英語音樂劇」。

分別於十一月及十二月舉行的「小學聯校排球邀請賽」邀請到七間小學參賽，共超過一百名小學生、老師及家長到場比賽及觀賽。當天比賽競爭激烈，參賽同學均表示十分享受比賽過程。

十二月五日舉行的「學校開放日」活動包括「學校歷史館」開幕禮、「小學聯校飲管砌橋比賽」、「如何與孩子同行」家長教育講座、「生物流動實驗室」，以及科組攤位及成果展覽。李福慶伉儷更親臨學校主持「學校歷史館」開幕儀式，而家長講座亦邀得鄭丹瑞先生為主講嘉賓。需鬥智鬥力的「小學聯校飲管砌橋比賽」則邀請了五間小學派出學生參賽。開放日當日有超過九百人參觀學校，氣氛熱鬧。

於二月十九日舉辦的「福慶滿堂盆菜宴」，在校園筵開六十一席。當日節目包括醒獅表演、祝賀儀式、學校歷史相片回顧及抽獎環節。全場氣氛輕鬆愉快，來賓及師生均盡興而歸。

「英語音樂劇」於三月三日及四日分四場舉行，共有接近二千名嘉賓出席觀賞。音樂劇劇目為《美女與野獸》，同學的精湛表演，以及佈景設計、道具製作等均大獲好評。

其他校慶活動還包括標誌、標語及壁報設計比賽、名人傳語講座、壁畫創作、出版二十周年校慶特刊及電子特刊及師生大合照。總括而言，透過二十周年校慶各項活動，本校師生上下一心，把學校亮點展現無遺。



福慶滿堂盆菜宴盛況

校慶英語音樂劇



20th Anniversary Showcases Shining Achievements

To celebrate our school's 20th anniversary, and to share the fruitful outcomes with the community, we organized a range of activities covering different domains last year. The major activities were the 'Inter-Primary School Volleyball Competition', 'Open Day', 'Pun Choi Banquet', and 'English Musical'.

The preliminary and final games of 'Inter-Primary School Volleyball Competition' were held in November and December 2015 respectively. More than 100 participants, teachers and parents from 7 primary schools joined the event. The whole competition was filled with cheers and encouragement from parents and schoolmates. The competition was also an enjoyable experience for all young volleyball players.

Our 'Open Day' was held on the 5th of December, 2015. It was a grand event showcasing different activities including the opening of the 'School History Gallery', 'Inter-Primary School Straw Bridge Building Competition', a parents' talk 'How to Walk with Children', 'Mobile Biology Laboratory', and different subject-based game and information booths. It was an honor that Mr. and Mrs. Li, the founders our school, led the opening ceremony of the 'School History Gallery'. We also invited Mr. Cheng Tan Shui, a renowned media worker, as the guest speaker of the parents' talk. As for the 'Inter-Primary School Straw Bridge Building Competition', 5 primary schools took part in the event. The 'Open Day' was a huge success as more than 900 visitors came to celebrate with us.

Our 'Pun Choi Banquet' was held on the 19th of February, 2016 hosting more than 700 guests, teachers, parents and students. Apart from the delicious, traditional dish 'pun-choi', the lion dance, greeting ceremony, historical photos and lucky draw successfully captured the attention of all participants.

Another highlight of our celebration was the 'Beauty and the Beast - English Musical' held on the 3rd - 4th of March, 2016. Approximately 2000 guests were amazed by the acting performance, costume design, and sets and props production of the musical.

In addition to the above events, the logo, slogan and bulletin board design competitions, celebrity talk, mural painting, publication of journal and e-journal, and photo shooting were organized to celebrate our big, shining 20th anniversary.



學校歷史館開幕儀式

鄭丹瑞先生講座



非凡表現 成就備受肯定

Our Extraordinary Achievements and Honours



活動及舉辦單位	獎項	得獎者
學校成就		
國際啟發潛能教育聯盟 (香港) (IAIE) 2015 Silver Fidelity Award 2015 啟發潛能教育學校成就大獎		本校
國際啟發潛能教育聯盟 (香港) (IAIE) 傑出教師及優秀學生選舉2015 - 2017	傑出教師 優秀學生	朱光美老師 5A 余健銘
獎學金		
尤德爵士紀念獎學金 尤德爵士紀念基金理事會	高中學生獎	6A 邱泳鈞
香港會計師公會 (中學組) 獎學金 香港會計師公會		6A 錢兆益
2015 香港島傑出學生選舉 香港島校長聯會	優異獎	3A 馬綺華 6A 錢兆益
明日之星上游獎學金計劃 扶貧委員會		3A 馬綺華 5A 鄧詠詩 5A 林潤琦
學術		
東區學校模範生選舉 東區學校聯絡委員會	東區學校模範生獎	2A 李寶茵 3A 區心一 4A 梁慧嫻 6A 陳冠丞
東區學校進步生選舉 東區學校聯絡委員會	東區學校進步生獎	2C 范成誌 4D 鍾嘉敏 5D 梁仲宜 6B 王澤坤
青苗學界進步獎 青苗基金主辦 香港傑出學生協會協辦 獅球教育基金會全力支持		2A 林熙堯 2B 謝偉秋 2C 黃傲妍 3A 羅杰朗 3B 吳文謙 3C 姚竣輝 4B 陳俊熹 4C 林嘉琪 4E 張穎麟 5A 莊鴻鋒 5B 鄭天樂 5D 吳穎堯 6A 張嘉詠 6B 劉梓軒 6A 錢兆易 6B 曹穎賢 6C 黎家全 6E 鄭迦綺
2015 全港青少年進步獎 杜葉錫恩教育基金	嘉許狀	2A 林熙堯
2016 亞洲國際數學奧林匹克公開賽 (AIMO Open) 香港賽區晉級賽 香港數學奧林匹克協會	銀獎	5A 林潤琦
2016 亞洲國際數學奧林匹克公開賽 (AIMO Open) 香港賽區初賽 香港數學奧林匹克協會	銅獎	1A 張俊傑 2A 馮永麗 2A 劉潮霖 2A 李寶茵 3A 陳祉彤 4B 陳錦燦 5A 周陽丹 5A 李加恩
	金獎	5A 林潤琦
	銀獎	2A 李寶茵 4B 陳錦燦 5B 趙永虔
	銅獎	1A 張俊傑 1A 郭諾賢 1A 蒙立華 2A 馮永麗 2A 劉潮霖 2A 盧橋康 3A 陳祉彤 5A 劉詩慧 5A 周陽丹 5A 李加恩
新加坡數學競賽初賽 2016 (香港賽區) 綜合奧林匹克學術研究所 (新加坡) 主辦	銅獎	2A 劉潮霖



活動及舉辦單位	獎項	得獎者
東區學校演講比賽 東區學校聯絡委員會		
	中學初級組冠軍	2A 吳芷欣
	中學初級組亞軍	3A 馬綺華
	中學普通話組季軍	5A 鄭忻怡
R8 Checkpoint挑戰 路政署 中國建築工程 (香港) 有限公司 AECOM Asia Co.Ltd	冠軍	5A 高瑤瑤 5A 林嫻君 5A 周樂軒 5A 郭定軒 5A 劉迪文
第十三屆資優解難大賽	個人賽 銅獎	2A 李寶茵
2015 - 16 Hong Kong Budding Poet (English) Award	The Poet of the School Award	3A 黃芷晴
第六十七屆香港學校朗誦節 香港學校音樂及朗誦協會	女子粵語散文獨誦 冠軍	1A 謝心妍
	女子普通話詩詞獨誦 季軍	5A 鄭忻怡
	男子英語詩詞獨誦 季軍	5A 劉迪文
服務		
社會福利署義工嘉許狀 社會福利署	金獎	4A 盧月琪 4A 何柱亨 4B 蔡瑋睿 5A 林潤琦 5C 陳穎欣 6B 黃小鳳 6B 羅建新
藝術		
第六十八屆香港學校音樂節 香港學校音樂及朗誦協會	16歲或以下 男聲外語獨唱季軍	5A 余健銘
香港藝術發展局第八屆校園藝術大使計劃 香港藝術發展局	藝術大使	4A 蕭潔珊 5A 張彩芬
《音樂・動力》學校聯演 康樂及文化事務署	主題演繹獎及優良表演獎	本校手鐘條隊
愛鄰舍 We Concern Others 社區友愛文件夾封面設計比賽 香港遊樂場協會	冠軍	4B 鄭華麒
我的香港夢 2016「守護土壤 栽種青苗」 繪畫比賽	冠軍	5D 周星文
	亞軍	5A 張彩芬
體育		
「港島區第三組學界田徑賽」 聯校排球新秀比賽 聖公會鄧肇堅中學	男甲團體總冠軍	本校
	男子組冠軍	1A 張天恩 1A 蘇志高 1A 黃嘉希 1C 吳浩朗 2A 李寶茵 2A 盧橋康 2B 伍智聰 2B 施栢煒 2C 陳子軒 2C 石文俊
	男甲4x400米接力 亞軍	4C 黃肅生 6A 蔡尚霖 6B 盧志賢 6B 伍俊傑
	男甲800米 冠軍	6B 伍俊傑
	男甲800米 季軍	6B 盧志賢
學界田徑錦標賽 2015 - 2016	男甲1500米 冠軍	6B 伍俊傑
	男甲400米 冠軍	6A 蔡尚霖
	男甲110米跨欄 冠軍	6A 蔡尚霖
		6A 蔡尚霖
屈臣氏集團香港學生運動員獎 2015 - 2016		
領袖訓練		
「明日領袖獎」計劃 教育局、傑出青年協會、青苗基金	明日領袖獎	3A 施諾賢 4A 譚嘉鳳 4A 何柱亨 5A 鄧詠詩 5A 伍敏婷





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