## Reflection

I am really delighted to join this exchange tour to Perth for 16 days. I've never ever thought that I could have a chance to visit Australia with my classmates before. It was an unforgettable and invaluable experience for me. Those days I spent in Perth are still fresh in my mind. I spent four days in Murdoch University learning English in order to improve my English proficiency. This was my first time being able to study in a university. Although we didn't learn what a university student would actually learn, we have experienced university life and it guided us to fight for a life like this.

I've learned lots of vocabulary about Australian traditions and animals. Besides, I've improved my writing skills through having grammar exercises and writing feature articles. The exchange tour has provided me with countless opportunities to speak English with people from different backgrounds.

During the tour, I stayed with my host family and got to know more about the Australian lifestyle. I feel more confident to speak English because my host family always encouraged me to keep going even though I made mistakes. People around me were most willing to help. Although I did certainly encounter thousands of difficulties throughout the whole journey, with the support and encouragement given by our host family, teachers and classmates, I overcame them and treasured every chance to speak English.

Apart from learning English, I have also learnt to be independent. It's hard to leave home and stay in a place which is totally different from Hong Kong. I needed to take good care of myself while my parents were not with me. Fortunately, nearly all of our host families were very nice. I have gained a better understanding of Australians and their culture. I admire their attitude as they always give a helping hand to the travelers. And that's what makes Perth a place full of love and care.